



**Blessed Sacrament Catholic School
2026/2027 Student Service Journal
Early Childhood and Elementary Grade Levels**

Student's Name_____

Grade Level:_____

Due to Homeroom Teachers Before Friday, May 14, 2027

Bulldog for Christ Service Program Overview, Requirements, and Suggested Projects

Service education has been a hallmark of Catholic education in the United States for generations. It is an opportunity for students to live their faith and proclaim the Good News of Jesus Christ and Catholic education. All students at Blessed Sacrament Catholic School will be expected to complete an age-appropriate number of service education projects each semester. While service education projects will be a required and graded component of the school's curricular program, the greater purpose will be to help our students observe Christ's commandment to love our neighbors.

Each year, students must complete one service education project for each of the Corporal Works of Mercy and one service education project for each of the Spiritual Works of Mercy. In addition, students in Third Grade through Eighth Grade must serve as a greeter for two Masses at Blessed Sacrament Catholic Church. Please note that participating in the St. Vincent de Paul Food Drive (November) or 40 Cans for Lent cannot be used as service projects.

Parents are asked to encourage their children to complete their service education projects in a manner that is consistent with Christ's message of helping those less fortunate and most vulnerable in our society. At the same time, however, a student should perform their required service hours in a safe, structured environment under adult supervision.

The Corporal and Spiritual Works of Mercy

The Works of Mercy are charitable deeds by which we help our neighbor. The Works of Mercy are divided into two categories – Corporal (Physical) and Spiritual Works.

The Corporal Works of Mercy include: Feeding the Hungry, Giving Drink to the Thirsty, Clothing the Naked, Sheltering the Homeless, Visiting the Sick and Imprisoned and Burying the Dead.

The Spiritual Works of Mercy include: Counseling the Doubtful, Teaching the Ignorant, Helping the Sinner, Comforting the Afflicted, Forgiving Injuries, Bearing Wrongs Patiently, and Praying for the Living and the Dead.

Altar Server/Mass Greeter at Blessed Sacrament Catholic School

Students in Third Grade through Eighth Grade must serve at two (2) masses each semester. Students must serve, in Mass uniform, as a greeter at Blessed Sacrament Catholic Church or as an altar server at the Saturday or Sunday. Masses.

Suggested Projects

Blessed Sacrament Catholic School has listed suggested projects in the journal corresponding to each Corporal Work of Mercy and Spiritual Work of Mercy.

Completion of Service Journal

The completion of the 2026/2027 Bulldogs for Christ Service Journals will allow a student to participate in the annual field day.

Corporal Works of Mercy

Early Childhood and Elementary Age-Appropriate Examples of Service Projects for Students



Giving Food to the Hungry

1. Make sandwiches for a local food bank or soup kitchen.
2. Create "blessing bags" with snacks to distribute to homeless individuals.
3. Bake cookies as a class to donate to a community center.
4. Organize a classroom "snack drive" for families in need.
5. Help prepare a meal at a parish or community soup kitchen.
6. Create care packages with non-perishable foods for neighbors.
7. Plant a classroom vegetable garden and donate the harvest.
8. Make peanut butter and jelly sandwiches for a homeless shelter.
9. Decorate paper bags for a food bank's holiday food drive.
10. Collect canned goods from families to donate to a food pantry.



Giving Drink to the Thirsty

1. Set up a "water station" for homeless or unhoused neighbors.
2. Make lemonade and give it away to homeless individuals or at a community center.
3. Collect water bottles to donate to a homeless shelter.
4. Create colorful water bottles and distribute them to those in need.
5. Organize a "hydration drive" collecting bottled water for donation.
6. Make and distribute cold beverages at a community event for homeless individuals.
7. Create care packages with water and juice boxes for families in need.
8. Decorate water bottles to give to a local shelter.
9. Collect sports drinks and water for a homeless outreach program.
10. Make homemade juice or smoothies to share with those experiencing homelessness.



Clothing the Naked

1. Collect gently used clothing for a local shelter or donation center.
2. Organize a "sock drive" to donate warm socks to homeless individuals.
3. Make blankets or collect blankets for a homeless shelter.
4. Decorate and fill "winter care packages" with hats, gloves, and scarves.
5. Create a classroom clothing swap to teach giving and sharing.
6. Donate outgrown winter coats to families in need.
7. Collect underwear and socks (often-needed but rarely donated items).
8. Make or collect blankets for animals at a shelter.
9. Organize a "coat drive" in fall/winter for those experiencing homelessness.
10. Decorate bags for a clothing donation drive.



Visiting the Imprisoned

1. Make care packages with allowed items for prisoners.
2. Create a "kindness jar" with messages to send to a prison ministry program.
3. Draw pictures or write letters to send through a prison pen-pal program.
4. Make bookmarks or journals for incarcerated individuals.
5. Create prayer cards to send to prisoners.
6. Make "encouragement packages" with inspirational quotes.
7. Draw pictures for children visiting incarcerated parents.
8. Create crafts to include in care packages for prisoners.
9. Write letters of encouragement to incarcerated individuals.
10. Pray a Rosary for those imprisoned.



Comforting the Sick

1. Make colorful get-well cards for hospitalized children or seniors
2. Create "comfort bags" with games, books, or activities for patients
3. Decorate paper flowers to brighten a hospital or nursing home
4. Make handmade bookmarks for patients in the hospital
5. Create cheerful posters to display in a children's hospital
6. Bake cookies or treats (if allowed) to share with hospital staff
7. Make friendship bracelets to give to sick children
8. Create a "smile jar" with funny jokes or encouraging messages
9. Draw pictures to send to homebound seniors in your community
10. Make origami crafts to brighten a patient's hospital room



Sheltering the Homeless

1. Collect supplies (blankets, pillows, toiletries) for a homeless shelter.
2. Make "blessing bags" with essential items for homeless individuals.
3. Create care packages with hygiene items for a shelter.
4. Donate blankets and pillows to a homeless outreach program.
5. Collect hotel-sized toiletries to donate to shelters.
6. Make handmade cards to include in care packages for shelter residents.
7. Organize a toy/book donation for children at a family shelter.
8. Collect backpacks and fill them with necessities for homeless youth.
9. Create "homeless care kits" with essential supplies.
10. Decorate storage bins to be filled with donations for shelters.



Burying the Dead

1. Create sympathy cards for families who have lost loved ones.
2. Make prayer cards or memorial bookmarks for grieving families.
3. Create a "memory jar" where people can share memories of the deceased.
4. Draw pictures or write letters to comfort grieving classmates.
5. Plant a tree or flowers in memory of someone who has passed.
6. Create a memorial bulletin board celebrating someone's life.
7. Make candles or light a candle in remembrance.
8. Create a "comfort care package" for grieving families.
9. Write encouraging messages for families experiencing loss.
10. Make handmade ornaments in memory of someone who has died.

Spiritual Works of Mercy

Early Childhood and Elementary Age-Appropriate Examples of Service Projects for Students



Counsel the Doubtful

1. Encourage a friend who says, "I can't do it."
2. Tell someone, "You can try again!"
3. Help a friend make a good choice.
4. Encourage someone who is nervous about trying something new.
5. Remind a friend that God is always with us.
6. Help someone who is unsure about what to do.
7. Ask an adult for help when a friend is worried or afraid.



Teach the Ignorant

1. Help a friend learn how to play a game.
2. Show a classmate how to complete an activity.
3. Help a younger student learn a prayer.
4. Share what they know without making someone feel bad.
5. Help a friend learn how to use classroom materials.
6. Teach someone a new skill they have learned.
7. Help a friend learn the correct way to do something.



Help the Sinner

1. Kindly remind a friend to use gentle hands.
2. Say, "Let's make a good choice."
3. Remind a friend to use kind words.
4. Encourage someone to tell the truth.
5. Remind a friend to include others.
6. Tell an adult when someone needs help making a safe or good choice.
7. Help a friend make things right after making a mistake.



Comfort the Afflicted

1. Sit with a friend who is sad.
2. Give someone a hug when appropriate.
3. Ask, "Are you okay?"
4. Invite someone who is alone to play.
5. Get an adult when someone is hurt.
6. Encourage a friend who is having a difficult day.
7. Pray with or for someone who is hurting.
8. Share a kind word with someone who feels left out.



Forgive Injuries

1. Say, "I forgive you."
2. Accept a sincere apology.
3. Give a friend another chance.
4. Choose not to hold a grudge.
5. Say, "It's okay. Let's try again."
6. Forgive someone who accidentally hurts their feelings.
7. Pray for someone who has hurt them.



Bear Wrongs Patiently

1. Stay calm when someone makes a mistake.
2. Wait patiently for their turn.
3. Give someone another chance.
4. Avoid yelling when they are frustrated.
5. Be patient when a friend is learning something new.
6. Use kind words when someone makes a mistake.
7. Ask an adult for help instead of becoming angry.



Pray for the Living and the Dead

1. Pray for a sick friend.
2. Pray for their family.
3. Pray for someone who is having a difficult day.
4. Pray for people who are lonely or sad.
5. Say a prayer for someone who has died.
6. Add someone's name to a class prayer.
7. Thank God for the people in their lives.
8. Pray before meals and at the beginning or end of the school day.

Corporal Work of Mercy – Giving Food to the Hungry

Draw a picture of what you did to feed the hungry.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Corporal Work of Mercy – Giving Drink to the Thirsty

Draw a picture of what you did to give drink to the thirsty.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy_____

Parent's Initials_____

Corporal Work of Mercy – Clothing the Naked

Draw a picture of what you did to clothe the naked.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy_____

Parent's Initials_____

Corporal Work of Mercy – Visting the Imprisoned

Draw a picture of what you did to visit the imprisoned.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy_____

Parent's Initials_____

Corporal Work of Mercy – Comforting the Sick

Draw a picture of what you did to comfort the sick.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Corporal Work of Mercy – Sheltering the Homeless

Draw a picture of what you did to shelter the homeless.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Corporal Work of Mercy – Burying the Dead

Draw a picture of what you did to bury the dead.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Spiritual Work of Mercy – Counsel the Doubtful

Draw a picture of what you did to encourage someone.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Spiritual Work of Mercy – Teach the Ignorant

Draw a picture of what you did to teach someone.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Spiritual Work of Mercy – Help the Sinner

Draw a picture of what you did help someone make a good choice.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Spiritual Work of Mercy – Comfort the Afflicted

Draw a picture of what you did to help someone who was sad or hurting.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy_____

Parent's Initials_____

Spiritual Work of Mercy – Forgive Injuries

Draw a picture of what you did to forgive others.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____

Spiritual Work of Mercy – Bear Wrongs Patiently

Draw a picture of what you did to be patient.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy_____

Parent's Initials_____

Spiritual Work of Mercy – Pray for the Living and the Dead

Draw a picture of what you did to pray for others.



Write a sentence explaining what you did in the picture above.

Date You Completed the Work of Mercy _____

Parent's Initials _____