



**Blessed Sacrament Catholic School  
2026 Fall Semester Student Service Journal  
Intermediate and Middle School Grade Levels**

**Student's Name** \_\_\_\_\_

**Grade Level:** \_\_\_\_\_

***Due to Homeroom Teachers Before Thursday, December 17, 2026***

## **Bulldog for Christ Service Program Overview, Requirements, and Suggested Projects**

Service education has been a hallmark of Catholic education in the United States for generations. It is an opportunity for students to live their faith and proclaim the Good News of Jesus Christ and Catholic education.

All students at Blessed Sacrament Catholic School will be expected to complete an age-appropriate number of service education projects each semester. While service education projects will be a required and graded component of the school's curricular program, the greater purpose will be to help our students observe Christ's commandment to love our neighbors.

Each semester, students must complete one service education project for each of the Corporal Works of Mercy. In addition, students in Third Grade through Eighth Grade must serve as a greeter for two Masses at Blessed Sacrament Catholic Church. Please note that participating in the St. Vincent de Paul Food Drive (November) or 40 Cans for Lent cannot be used as service projects.

Parents are asked to encourage their children to complete their service education projects in a manner that is consistent with Christ's message of helping those less fortunate and most vulnerable in our society. At the same time, however, a student should perform their required service hours in a safe, structured environment under adult supervision.

### **The Corporal Works of Mercy**

The Works of Mercy are charitable deeds by which we help our neighbor. The Works of Mercy are divided into two categories – Corporal (Physical) and Spiritual Works.

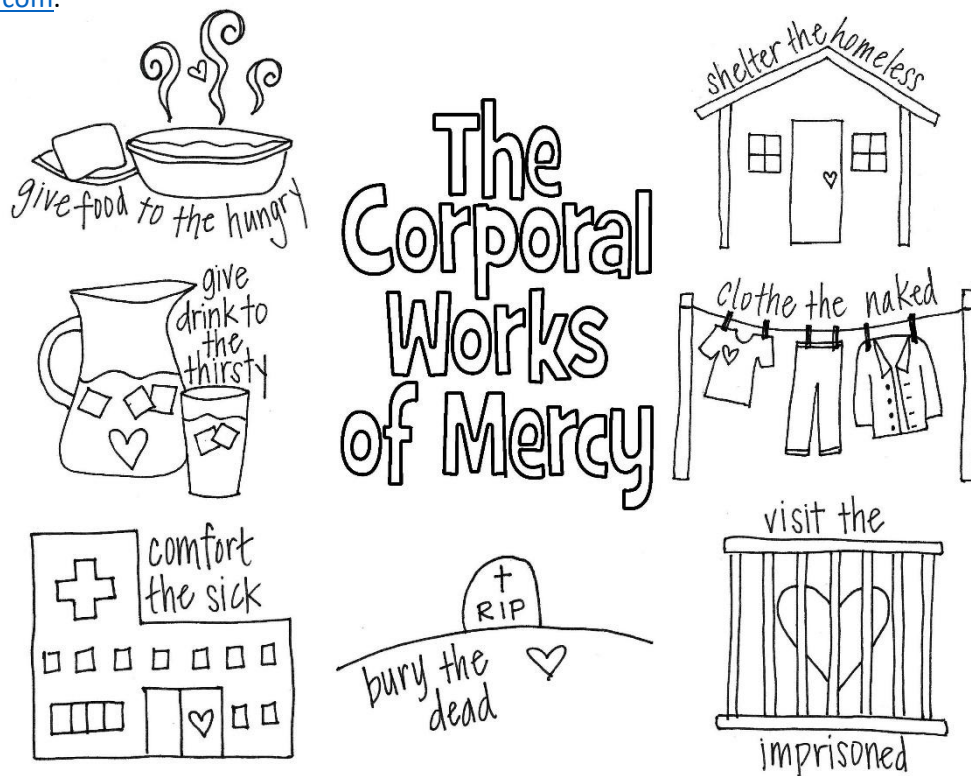
The Corporal Works of Mercy include: Feeding the Hungry, Giving Drink to the Thirsty, Clothing the Naked, Sheltering the Homeless, Visiting the Sick and Imprisoned and Burying the Dead.

### **Altar Server/Mass Greeter at Blessed Sacrament Catholic School**

Students in Third Grade through Eighth Grade must serve at two (2) masses each semester. Students must serve, in Mass uniform, as a greeter at Blessed Sacrament Catholic Church or as an altar server at the Saturday or Sunday. Masses.

### **Suggested Projects**

Blessed Sacrament Catholic School has posted suggested projects on our school's website corresponding to each Corporal Work of Mercy. To access these suggested service ideas, visit our Catholic Identity overview under Campus Life at [www.blessedschool.com](http://www.blessedschool.com).



## Intermediate and Middle School Age-Appropriate Examples of Service Projects for Students



### Giving Food to the Hungry

1. Organize a fundraiser (bake sale, car wash) to buy groceries for families in need.
2. Plan and prepare a full meal for a homeless shelter or soup kitchen.
3. Start a "Community Garden" project to grow vegetables for food banks.
4. Create a social media campaign to raise awareness about hunger in your area.
5. Research local food insecurity issues and present findings to the school.
6. Coordinate a "Holiday Food Drive" with collection goals and distribution.
7. Volunteer at a food bank sorting, packaging, and distributing food.
8. Partner with a local restaurant to donate surplus food to those in need.
9. Create an educational poster series about nutrition and food insecurity.
10. Organize a "Hunger Awareness Week" with daily activities and donations.



### Giving Drink to the Thirsty

1. Organize a water bottle drive and distribute to homeless encampments.
2. Research access to clean water in your community and create an awareness campaign.
3. Partner with a local organization to provide hydration stations during summer heat.
4. Create a "Water for All" fundraiser to provide water access in underserved areas.
5. Develop an educational presentation about water insecurity and dehydration.
6. Coordinate a donation drive for water filtration systems for families in need.
7. Volunteer at a community event providing hydration to vulnerable populations.
8. Research and present on global water insecurity issues.
9. Organize a "Hydration Station" at a community center or shelter.
10. Create informational materials about the importance of hydration for health.



### Clothing the Naked

1. Organize a comprehensive "Clothing Drive" with collection goals by season.
2. Partner with a local clothing bank to volunteer sorting and distributing.
3. Research clothing insecurity and create an awareness presentation.
4. Collect formal wear for job interview programs serving low-income individuals.
5. Organize a "Fashion Show" fundraiser with donated clothes to raise money.
6. Create care packages with weather-appropriate clothing for homeless individuals.
7. Volunteer at a clothing closet helping people select appropriate attire.
8. Research and advocate for clothing assistance programs in your community.
9. Organize a clothing swap fundraiser to support a local charity.
10. Create a "Seasonal Clothing Drive" with specific needs for each season.



### Visiting the Imprisoned

1. Organize a "Letter Writing Campaign" of encouragement to people in recovery programs.
2. Research addiction, mental health, and recovery resources in your community.
3. Create care packages with healthy items and inspirational materials for treatment centers.
4. Volunteer at a recovery center, support group, or community mental health program.
5. Research and present on addiction, mental health stigma, and recovery success stories.
6. Organize a fundraiser to support local addiction treatment or mental health programs.
7. Create educational materials about addiction as a disease and recovery as possible
8. Partner with a 12-step program or recovery organization to provide support.
9. Advocate for mental health and addiction services through awareness campaigns.
10. Volunteer at a community center or program supporting those with co-occurring disorders.



### Comforting the Sick

1. Volunteer as a "hospital buddy" visiting and spending time with patients.
2. Organize a "Comfort Care" drive collecting items patients need (socks, journals, etc.).
3. Create a video or recording of encouragement for patients.
4. Volunteer at a nursing home for activities, visits, or entertainment.
5. Research health disparities affecting sick populations in your community.
6. Partner with a hospice to provide support and companionship to patients.
7. Create an educational presentation about visiting the sick and showing compassion.
8. Organize a "Senior Buddy" program pairing students with homebound elderly.
9. Collect and donate entertainment items (books, puzzles, games) to hospitals.
10. Volunteer to read to patients or provide companionship at medical facilities.



### Sheltering the Homeless

1. Volunteer at a homeless shelter helping with meals, cleaning, or activities.
2. Research homelessness in your area and create an awareness campaign.
3. Organize a fundraiser to support local shelter operations or expansion.
4. Create a comprehensive "Care Kit Drive" with specific needed items.
5. Partner with a shelter to provide job training or tutoring services.
6. Research housing insecurity policies and present to school leadership.
7. Volunteer at a transitional housing program supporting residents.
8. Create educational materials about homelessness and housing needs.
9. Organize a donation drive for specific shelter needs (bedding, kitchen supplies).
10. Advocate for homeless services through community presentations or letters to officials.



### Burying the Dead

1. Organize a "Memorial Service" or remembrance event for community members.
2. Create a scholarship fund in memory of someone who has passed.
3. Research and present on different cultural funeral and mourning practices.
4. Volunteer with a hospice or funeral home supporting grieving families.
5. Create a memorial garden or space in your school or community.
6. Organize a "Grief Support Drive" collecting comfort items for grieving families.
7. Partner with a grief counseling organization to raise awareness.
8. Create educational materials about healthy grief processing.
9. Organize a community memorial event honoring those who have passed.
10. Volunteer at a cemetery or memorial site, helping with maintenance or events.

**Corporal Work of Mercy – Giving Food to the Hungry**

Describe what you did for this work of mercy. \_\_\_\_\_

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Date You Completed the Work of Mercy \_\_\_\_\_

Parent's Initials \_\_\_\_\_

**Corporal Work of Mercy – Giving Drink to the Thirsty**

Describe what you did for this work of mercy. \_\_\_\_\_

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Date You Completed the Work of Mercy \_\_\_\_\_

Parent's Initials \_\_\_\_\_

**Corporal Work of Mercy – Clothing the Naked**

Describe what you did for this work of mercy. \_\_\_\_\_

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Date You Completed the Work of Mercy \_\_\_\_\_

Parent's Initials \_\_\_\_\_



**Corporal Work of Mercy – Comforting the Sick**

Describe what you did for this work of mercy. \_\_\_\_\_  
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\_\_\_\_\_

Date You Completed the Work of Mercy \_\_\_\_\_ Parent's Initials \_\_\_\_\_

**Corporal Work of Mercy – Visiting the Imprisoned**

Describe what you did for this work of mercy. \_\_\_\_\_  
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\_\_\_\_\_

Date You Completed the Work of Mercy \_\_\_\_\_ Parent's Initials \_\_\_\_\_

**Corporal Work of Mercy – Sheltering the Homeless**

Describe what you did for this work of mercy. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date You Completed the Work of Mercy \_\_\_\_\_ Parent's Initials \_\_\_\_\_



**Corporal Work of Mercy – Burying the Dead**

Describe what you did for this work of mercy. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date You Completed the Work of Mercy \_\_\_\_\_

Parent's Initials \_\_\_\_\_



**Mass Greeter Information and Guidelines**

Serving as a Mass Greeter is an important ministry for our students. From the moment someone enters the church, they should be welcomed with the peace, joy, and hospitality of Jesus Christ. Thank you for helping create a warm and welcoming environment for our parish community!

1. Sign up to serve as a Mass Greeter using the QR code below.
2. Arrive at least **20 minutes before Mass** wearing either your **School Uniform** or **Mass Uniform**.
3. Check in with the **Sacristan** or **Deacon** and let them know you are there to serve.
4. Stand at one of the two main entrances to the church. As parishioners arrive, open the door and greet them with a friendly welcome such as: "Welcome to Blessed Sacrament!" or "I'm glad you're here!"
5. When Mass begins, join your family and participate fully in the celebration of the Mass.
6. After receiving Holy Communion, move to the church doors leading to the foyer. Pick up a stack of bulletins and, as people leave, offer them a bulletin and thank them for attending Mass.
7. Before leaving, ask the Principal, Sacristan, Deacon, or Priest to sign below to verify that you have completed your service.

Date You Served as a Mass Greeter: \_\_\_\_\_

Date You Served as a Mass Greeter: \_\_\_\_\_

What Mass did you serve at?

- 5:30 p.m.    8:00 a.m.    10:00 a.m.  
 12:15 p.m.

What Mass did you serve at?

- 5:30 p.m.    8:00 a.m.    10:00 a.m.  
 12:15 p.m.

\_\_\_\_\_  
*Signature of Principal, Sacristan, Deacon, or Priest*

\_\_\_\_\_  
*Signature of Principal, Sacristan, Deacon, or Priest*





