

PARENT ENGAGEMENT

LOVE IS IN THE AIR



~BY DR. LINDSAY CLAVERE



Ubi caritas et amor, Deus ibi est.
Where charity and love are, God is there.

February is a month many associate with chocolate, roses, romance, and . . . chocolate! Over here in Bulldog Country, we've already been busy spreading love and this month is a wonderful template to be intentional about sharing love with those who mean so much and make a difference every day! In honor of National School Counseling Week, I wish to place the spotlight on Ms. McVay and Mrs. Rodriguez who are helping us grow in ways big and small! Read on to learn more about our counselors and the happenings for February at our beLOVED Blessed Sacrament Catholic School!

NATIONAL SCHOOL COUNSELING WEEK 2023 (#NSCW23)
IS FEB. 6-10, 2023, AND FOCUSES PUBLIC ATTENTION ON THE UNIQUE
CONTRIBUTION OF SCHOOL COUNSELORS WITHIN U.S. SCHOOL SYSTEMS.



Greetings Blessed Families, my name is **Katherine McVay**, and this is my third year at Blessed Sacrament Catholic School. I am currently a doctoral candidate at the University of Texas at San Antonio, studying counselor education and supervision. I hope to defend my dissertation this spring semester and graduate in May! I am currently a licensed professional counselor in the state of Texas and also a National Certified Counselor. In my practices with children, I believe in supporting the whole child, including social, emotional, and intellectual wellness. I look forward to continuing to serve you and your families here at Blessed!

Fun Fact: I worked in radio for 4 years while in college and previously worked at a bakery while in graduate school as a cake and cookie decorator!

Favorite motto: Every day is a new opportunity to start over.

THIS WEEK WE HIGHLIGHT THE TREMENDOUS IMPACT OUR BLESSED SACRAMENT SCHOOL COUNSELORS MAKE IN HELPING AND SUPPORTING OUR BLESSED BULLDOGS! SCHOOL COUNSELING WEEK IS ALWAYS CELEBRATED THE FIRST FULL WEEK IN FEBRUARY.



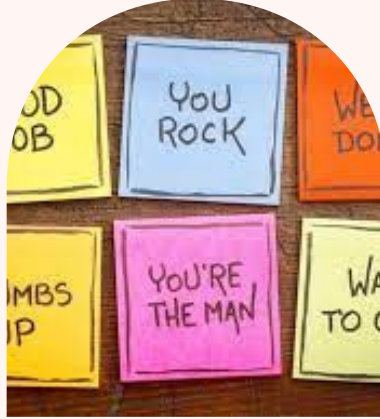
My name is **Marisol Rodriguez** and I have just joined the wonderful staff of Blessed Sacramento School as a School Counselor. My previous work with school counseling was with Northside ISD for 6 years. I am also in the process of obtaining my Licensed Professional Counselor credential. I have four children, ages one, seven, nine, and ten. I truly enjoy working with children and in my work with them, I encourage them to grow to their greatest potential.

Fun Fact: I love the ocean!

Favorite quote: One day at a time.

RANDOM ACTS OF KINDNESS WEEK

FEBRUARY 13-17 | 2023 | 5 DAYS-5 WAYS



- (1) encourage your child to do a chore without being asked
- (2) compliment one another
- (3) check in on a family member or friend who lives far away



- (4) write a kind note to a teacher, parent, sibling, or friend
- (5) give the gift of time by playing games together

From Mrs. Rodriguez:

As we celebrate random acts of kindness week, we encourage our Bulldog families to add a little more kindness in the family. Our students will be participating in several kindness activities at school, so continuing the kindness at home will help reinforce that kindness should be the norm.

FEBRUARY STAFF BIRTHDAYS!



Ms. Laura Ortiz

Our stellar instructional coach for our primary level celebrates her birthday on

Friday, February 10!

Ms. Ortiz provides significant support in more ways than one for our teachers and students.

**Happy Birthday to you,
Ms. Ortiz!**



Mrs. Patricia Martinez

Our office manager, endearingly known to many as *the Oracle*, celebrates her birthday on

Wednesday, February 15!

Mrs. Martinez serves the Bulldogs each and every day, greeting our parents & students with kindness and a joyful spirit.

**Happy Birthday to you,
Mrs. Martinez!**

SING@THECROSS: INVITATION



SPECIAL INVITATION FOR STUDENTS in Kinder—8th Grade

The Catholic Arts and Academic Competition of our Archdiocese is holding it's annual choir competition for Catholic Schools in San Antonio. Our beLOVED music teacher, Mrs. Marton, is generously stepping forward to represent Blessed Sacrament by leading our Bulldogs—**THANK YOU, Mrs. Marton!**

Rehearsals need to be underway *as soon as possible*, SO:

- Fill out the survey using the QR code to sign up your children for this special competition
 - Note: weekly, one-hour, after-school rehearsals will be required
- Participation forms will be sent out soon, so don't delay: fill out the survey **TODAY!**



HIGHLIGHTS & REMINDERS



- Our Taking Care of Your Tabernacle: Yogafit session was a meaningful and nourishing gathering for parents.
Thank you, Mrs. Kokotajlo, for leading us in an evening of prayerful intention and care for our tabernacle.
- PK3–2 Families can still register for the February 15 event: Picasso Kitchen—Cooking with Color, Cooking with Love. It will be held in the Parish Hall from 6:30–7:15!
- Casino Night is in 8 DAYS! Register now, online or in the parish office! Join fellow Bulldog grownups for an evening of food, drinks, casino games, dancing, silent auction, and above all, **fellowship** with one another!

MORE HIGHLIGHTS



BIG NIGHT for BULLDOGS

It's a **BIG NIGHT**
for Bulldog Nation!
Our Boys Basketball
Team plays in the
Championship on
Thursday, February 9
St. Luke's | 6:00 p.m.

GO BULLDOGS!
Tonight's gonna be a
good GOOD NIGHT!



CAREER DAY

Thank you to our many
community partners who
made Career Day a wonderful
start to Catholic Schools
Week. Let's give a hearty
thank you to: Robert Jimenez,
Rogelio Rodriguez, James
Hart, Adam McDonald, Robert
Piña, Officer Hernandez,
Officer Cokerham, Hector
Ledesma, Christie McVay,
Kara McVay, Lee McVay, and
Tracie Alfaro!

FEBRUARY 2023

Be-LOVE-d Blessed Bulldogs

Day		Event	Time
Feb 1–Mar 1		Black History Month	<i>All month</i>
Thu	2	Main Event Field Trip & Family Luncheon	<i>All day</i>
Fri	3	Early Dismissal: <i>Professional Development</i>	12:30 p.m.
6–10		National School Counseling Week	<i>All week</i>
Tue	7	Taking Care of Your Tabernacle: YogaFit	6–7 p.m. <i>Parish Banquet Hall</i>
Fri	10	Early Dismissal: <i>Professional Development</i>	12:30 p.m.
13–17		Random Acts of Kindness Week	<i>All week</i>
Tue	14	St. Valentine’s Day: Classroom Parties	<i>Afternoon</i> <i>Individual classrooms</i>
Wed	15	Picasso Kitchen for PK3–2 Families: <i>Cooking with Color, Cooking with Love</i>	6:30 p.m.–7:15 p.m. <i>Parish Banquet Hall</i>
Sat	18	CASINO NIGHT	6:30 p.m.–11:00 p.m. <i>Parish Banquet Hall</i>
Mon	20	President’s Day: Class in session <i>Inclement Weather Makeup Day Muffins</i>	<i>All day</i>
Tue	21	with Mom	7:00 a.m.–8:00 a.m. <i>Parish Banquet Hall</i>
Wed	22	Ash Wednesday: School Liturgy <i>LENT begins</i>	8:00 a.m. <i>Sanctuary</i>
Sun	26	Last day to register for Blessed Sacrament CYO Baseball	<i>All day</i>
Feb 27–Mar 3		Read Across America Week	<i>All week</i>