

A word cloud graphic with various terms related to digital citizenship. The words are arranged in a roughly rectangular shape and include: Access, Use, Safety, Norms, Communication, Digital, Citizenship, Responsibility, Security, Etiquette, Behavior, Technology, Education, Commerce, and Rights. The words are in various colors (green, orange, purple, yellow, red) and orientations (vertical, horizontal).

Digital Citizenship

The norms of appropriate and responsible technology use.

Veronica Ball
Archdiocese of San Antonio

Raise Your Hand if ...



Unique design

Inspired by a diamond, the iPhone has sharp edges and a big final yet strictly functional design.



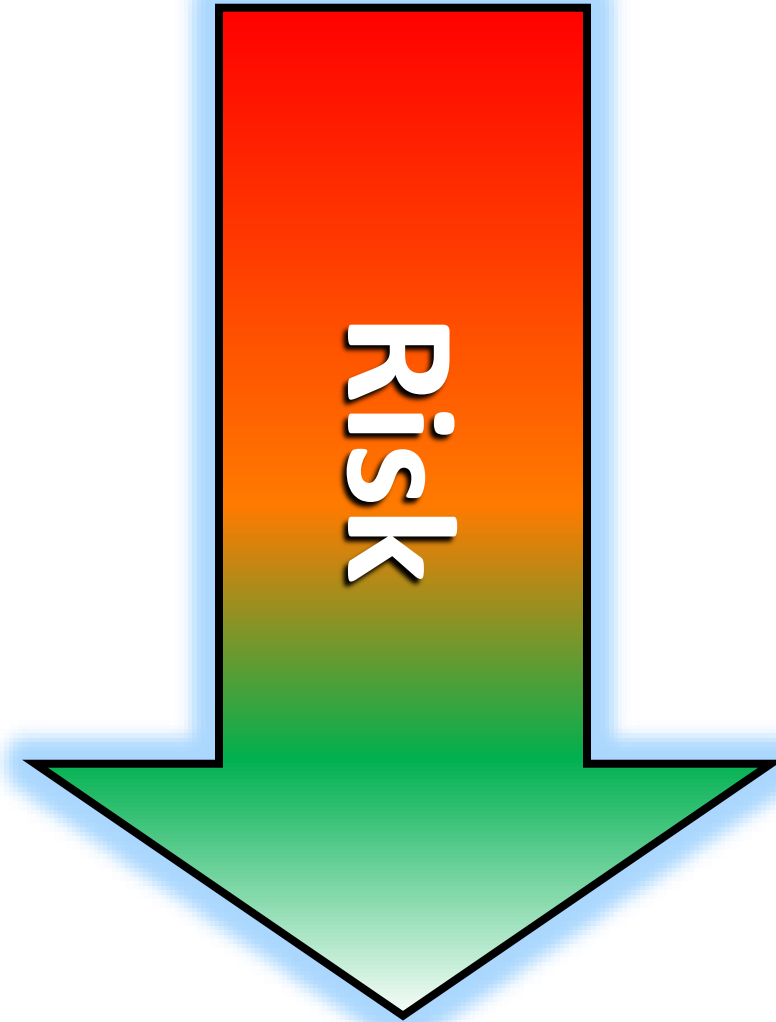
The Digital Roadmap...



Follow



Goals for Today ...



What NOT to do ...



DON'T PANIC

Are we staying ahead, keeping up, or lagging behind?

- Many adults are referred to as **digital immigrants**, because they have known a time when current technologies didn't exist.

Digital Immigrant : A person who has not grown up with digital technology, such as smartphones, social media, and the Internet, but has adopted it later.

Digital Citizenship and Responsibility

Citizenship in any given country grants you both rights and responsibilities...

Digital Citizenship is no different, you have the right to view, create, and post using a digital forum but with that comes the responsibility of doing so in a respectful and responsible way.



THINK!

Before You...



- T - Is it true?
- H - Is it helpful?
- I - Is it inspiring?
- N - Is it necessary?
- K - Is it kind?

**RESPECT YOURSELF.
RESPECT OTHERS.**

*Unfortunately, as compared to being offline, one's digital reputation may be formed by a much less **representative** and much less **fair** set of content.*

- R. Sabella, PhD



Harvard Rescinds Acceptances for At Least Ten Students for Obscene Memes

By HANNAH NATANSON, CRIMSON STAFF WRITER June 5, 2017



After discovering the existence and contents of an explicit group chat, Harvard administrators revoked admissions offers to at least ten prospective members of the Class of 2021. [📷 MEGAN M. ROSS](#)

Harvard College rescinded admissions offers to at least ten prospective members of the Class of 2021 after the students traded sexually explicit memes and messages that sometimes targeted minority groups in a private Facebook group chat.

MOST READ

Cyber Risks include...

- Social Media Cyberbullying and Harassment
- Sexual Solicitation/Unwanted Exposure to Sexual Content
- Sexting
- Posting Private Information Online
- Online Gaming
- Online Chat/Forums
- Video Streaming
- Challenges: Tide Pod, Blue Whale, Choking Challenge
- Cyberaddiction

Current Statistics

- Cyberbullying – 4% to 72%
- Sexting – 4% to 24%
- Sexual Solicitation - 9% to 20%



Source: *Center for Technology Innovation* (2016)

Measures to safeguard youth from online risks, include...

- educating youth about potential risks
- attempting to teach appropriate online behaviors
- monitoring youth through in-person supervision or online technologies/software such as:

My Social Sitter

Net Nanny

Open DNS

Norton

K9 Web Protection

Circle by Disney

Qustodio

Avira Social Network Protection

The importance of knowing and monitoring...



Advice for Parents



View at a Glance...

- ✓ the number of minutes and messages their children are using
- ✓ who they are calling and texting
- ✓ what apps they are using and for how long

Set Limits...

- ✓ for data usage as well as time of day limits (For example: no texting while in class or in bed at night)



Advice for Parents: Facebook

- Be aware of links to other accounts
- Look at all info and photos
- Check spelling
- Look at friends... Look at parents accounts too!
- How many friends do they have?
- Be aware of Messenger and Secret Message



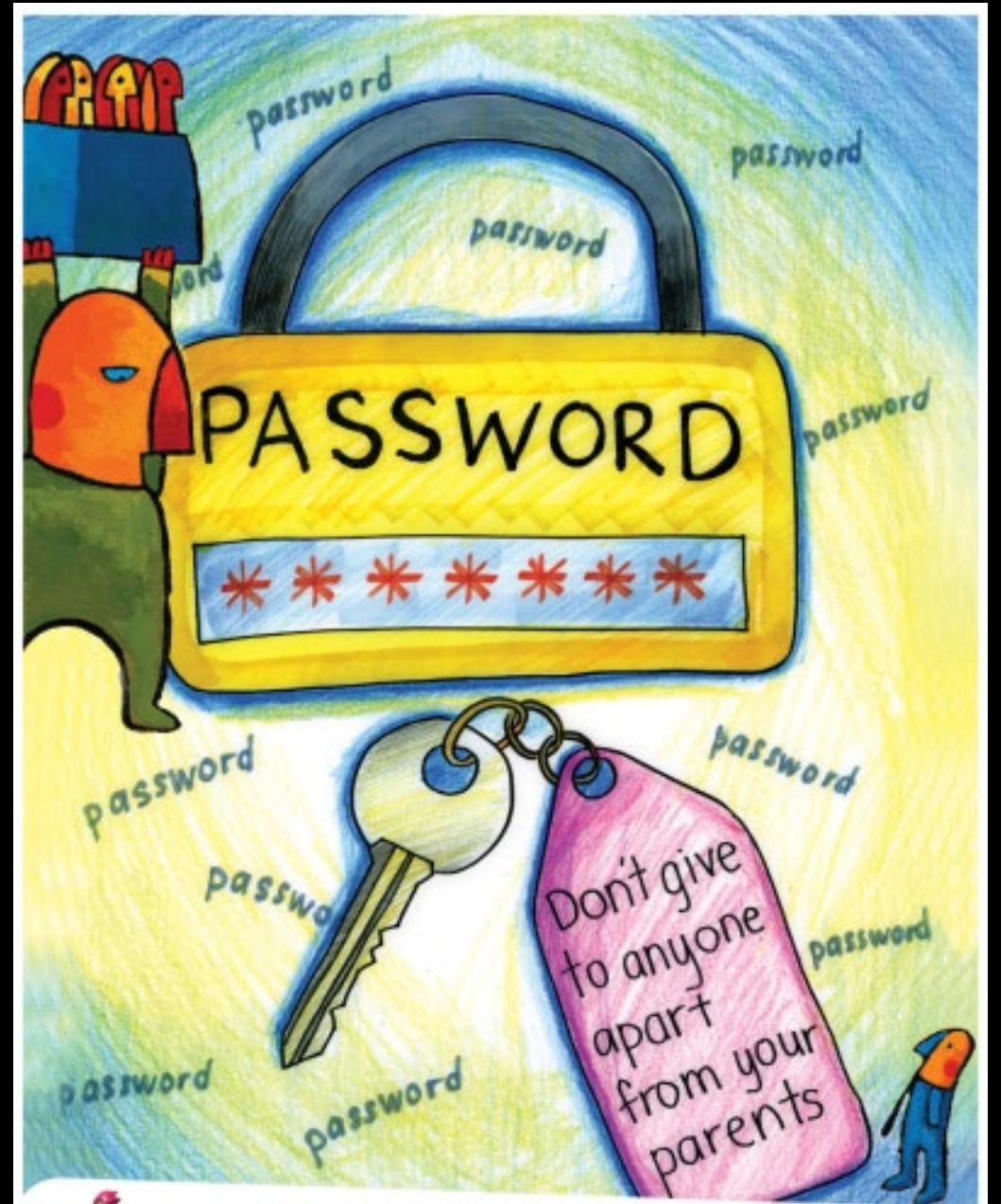
Rules of the Road



A group of approximately ten children, mostly boys, are lying on their backs on a lush green lawn. They are all wearing bright green t-shirts. Some are wearing blue jeans, some are wearing shorts, and some are wearing plaid shorts. They appear to be resting or participating in an outdoor activity. The text is overlaid on the center of the image.

Your online **friends**
should only be your
real friends.

**Keep your
passwords
a secret.**



With Great Power ..

**Comes Great
Responsibility**



A dramatic scene from the movie Spider-Man 3 showing Spider-Man in his black and white symbiote suit. He is crouching on a ledge, looking down with a somber expression. The scene is set in a heavy rainstorm, with rain falling diagonally across the frame. The lighting is dark and moody, highlighting the texture of his suit and the intensity of the moment.

... comes
GREAT
Responsibility

(c) 2013, Russell A. Sabella, Ph.D.

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BE AN UPSTANDER!!!

STAND UP FOR VICTIMS.

Upstander Phrases

- *Friends don't treat each other that way.*
- *I need a friend that will treat me kindly.*
- *Not cool!*
- *Knock it off or Cut it out or Stop it.*
- *I don't want to be treated that way.*
- *I like the way I look.*
- *That was not funny.*
- *I can take a joke, but what you said was not funny—it was mean.*
- *That's bullying.*

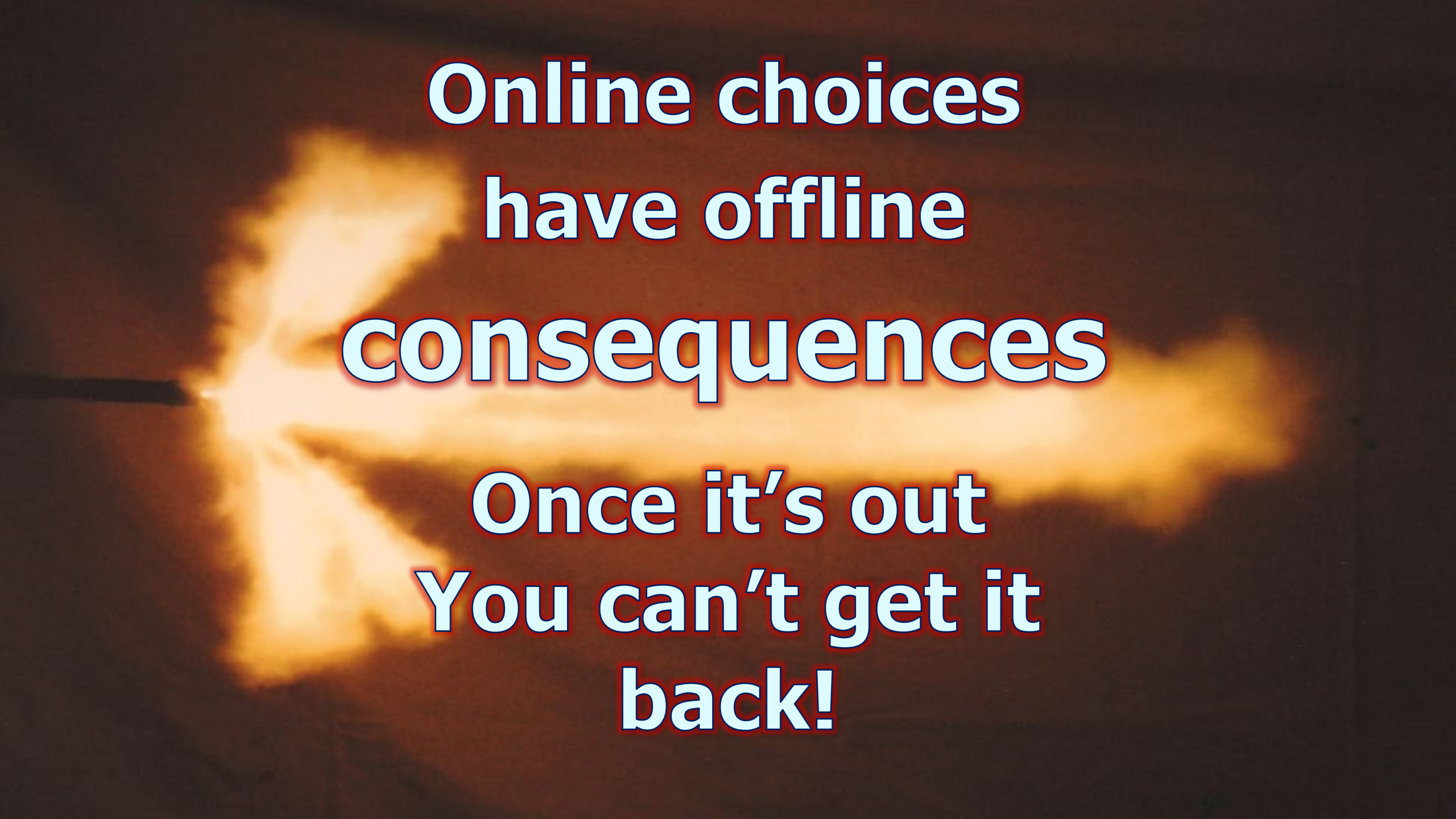


Keep a
Positive
digital reputation



**“Everything
online
is persistent,
searchable,
replicable,
and can
be viewed
by vast
invisible
audiences.”**

danah boyd



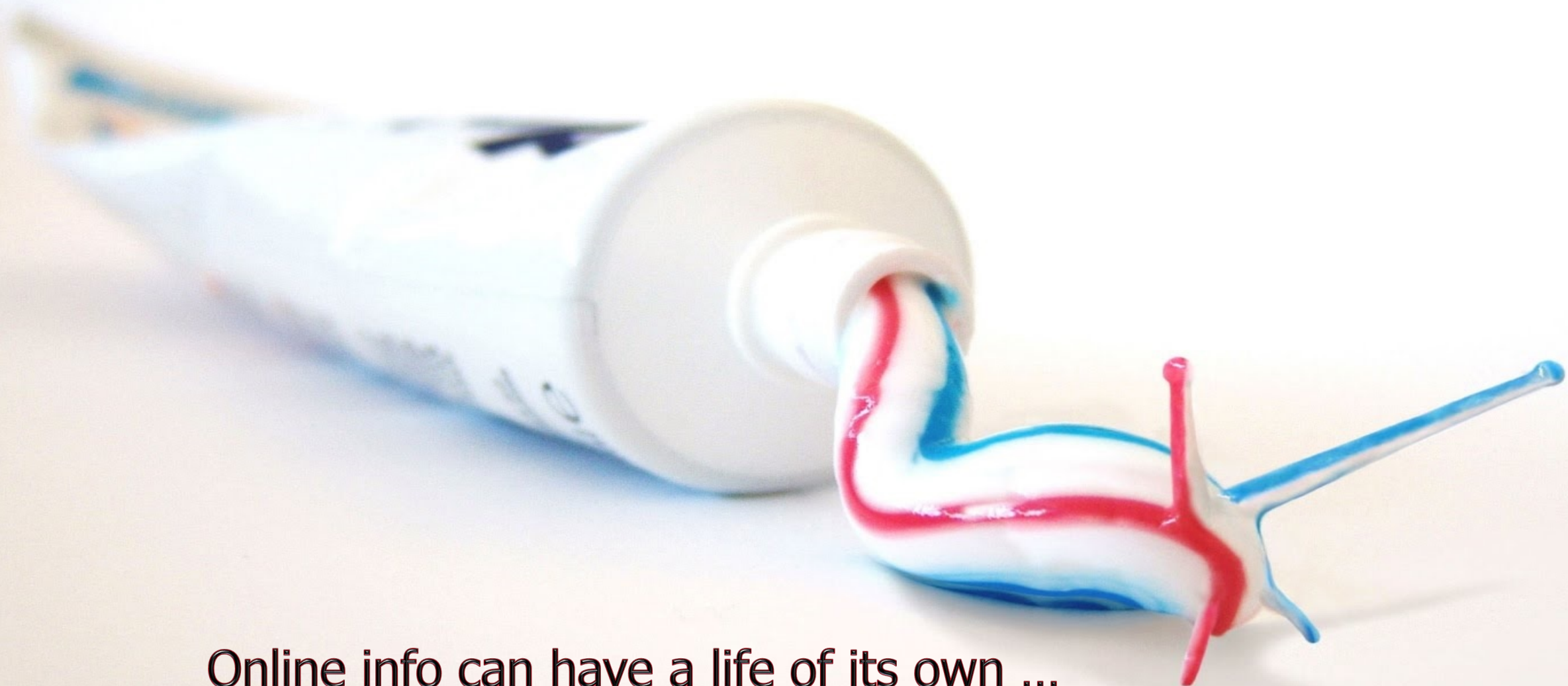
**Online choices
have offline
consequences**

**Once it's out
You can't get it
back!**

Once it's out there ...



**You CAN'T get
it back!**



Online info can have a life of its own ...

I Promise to ...

- Immediately **report** suspicious activity to a trusted adult.
- Post only **positive** personal information about me or my friends online.
- Be **kind** to others online even when I feel angry.
- Never, ever meet with anyone I've talked to online without my **parents/guardians**.

I Promise to ...

- Treat my password like my **toothbrush**, don't let anyone use it.
- **Not reply** to an abusive message because it only fuels a bully. Instead, I will keep a record of abusive materials (emails, photos, chat transcripts) and use them to report to my parents and the authorities.
- **Take a stand** against others who hurt (that is, bullies).
- **Think before I click!**

**So,
remember ...**





3
THREE
THINGS



**Be online
only in a
Positive Way**





**Stand up
against
cyberbullying**





Follow the

“rules of the road”

In Summary...

What do our youth need to know?

- How to choose reliable online sources
- How to be a responsible member of a digital online community
- Importance of responsible and sensitive online communication
- Importance of displaying empathy, respect, and kindness
- How to practice safe digital communication
- How online communication affects privacy and security
- How to respond when a witness to irresponsible online behavior

CONGRATULATIONS

You are now the owner of your very own phone!

You, _____ [CHILD'S NAME], are receiving this _____ [PHONE TYPE] because you have proven yourself capable of learning how to handle such a powerful device. But before you start shopping for the perfect case and funniest ringtone, we need to discuss a few very important things.

- 1** A phone is for communication and information. Of course, a phone is also fun, but that's a bonus. This is not your ticket to play Mega Run or use Snapchat 24/7.
- 2** A phone is powerful. And with power comes responsibility. Whatever you photograph, text, post, you name it, lives on—often out of your control. So think about what you create and how you share it. You can make or ruin someone's day—including your own. Choose wisely.
- 3** A phone is a privilege. Your ownership of a phone is not guaranteed by the Constitution of the United States. Prove yourself incapable of making good decisions with this phone, and you may have to resort to tin cans and string to get in touch with anyone.
- 4** A phone is never more important than human beings. Let's choose, as a family, our no-phone-zones and no-phone-times—like the dinner table. We'll also discuss manners. Because you're going to need to be a good digital citizen—beyond our family—for the rest of your life.
- 5** A phone is here for you—you are not here for it. Phones can be addictive little suckers. Just like food, too much is *not* a good thing. Be the master of your phone, what you do with it, and how often and when you use it.



I, _____ [CHILD SIGNATURE], and I/we, _____ [ADULT(S) SIGNATURE(S)], hereby confirm that we've thoroughly discussed the above topics, established family phone use guidelines, and agree to abide by these rules while keeping communications open.

Signed on the _____ day of _____, in the year 20____.



Scan to try FREE
Safely Go App

Safely

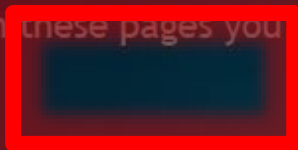
For more digital wellness resources visit
WWW.SAFELY.COM



Scan to see the
Safely newsletter

GuardingKids.com

This web site supports Dr. Russell Sabella's work on educating children, parents, educators and other stake holders about the responsible use of technology. Included in these pages you will find helpful resources, lesson plans, links, and more.



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cyberbullying (88) **resources** (60) **safety** (58) **reputation** (56) **social networking** (49) **support** (41) **reports** (40) **sexting** (25)
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Wednesday, April 27, 2016

Your Bullied Child or Teen: A Parent Empowerment Guide

This video accompanies a booklet with the same title. This Booklet and additional resources are available at <http://embracecivility.org>.

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Setting screen-time limits -- and helping kids moderate their own habits -- are all about finding the right balance for your family's needs and lifestyle. We offer advice for creating a **realistic schedule**, setting **age-appropriate guidelines on TV time**, finding the **first websites for young kids to use**, handling **violent media**, and managing **kids' cell phone use**.

 27 FAQs 127 Articles 12
Videos[Explore Questions by Age](#) → [Preschoolers \(2-4\)](#) | [Little Kids \(5-7\)](#) | [Big Kids \(8-9\)](#) | [Tweens \(10-12\)](#) | [Teens \(13+\)](#) | [Most Popular](#)[Most Popular Questions](#)



7 STEPS TO GOOD DIGITAL PARENTING



1) TALK WITH YOUR KIDS

- Stay calm
- Talk early and often
- Be open and direct



2) EDUCATE YOURSELF

- Search online for anything you don't understand
- Try out the apps, games, and sites yourself
- Explore the GDP tips and resources



3) USE PARENTAL CONTROLS

- Activate the safety settings in your operating system, search engine, and games
- Use the parental controls on your children's phones, tablets, and game consoles
- Monitor your kids' use and their screen time



4) SET GROUND RULES AND APPLY SANCTIONS

- Agree and sign a family safety contract
- Set time and place limits for their tech use
- Enforce sanctions when necessary



5) FRIEND AND FOLLOW BUT DON'T STALK

- Friend your kids on social media
- Respect their online space and don't over do it
- Encourage your kids to create a good digital reputation



6) EXPLORE, SHARE, AND CELEBRATE

- Go online with your kids and explore their online world
- Take advantage of new ways of communicating
- Learn from them and have fun



7) BE A GOOD DIGITAL ROLE MODEL

- Curb your own bad digital habits
- Know when to unplug
- Show your kids how to collaborate and create online

Together, we can ...



Help Kids Be Safe and Secure