

BLESSED SACRAMENT CATHOLIC SCHOOL  
RELIGIOUS PRAYERS FOR SCHOOL AGED CHILDREN



As partners in the education of the Catholic faith, we ask our parents to work with their children during the summer months to learn the following prayers. By making these prayers part of your daily schedule and family activities, it ensures our students understand the importance of prayer in their lives.

Kindergarten and First Grade

The Sign of the Cross  
The Lord's Prayer (Our Father)  
The Hail Mary  
The Doxology (The Glory Be)  
The Angel of God

Second Grade

The Sign of the Cross  
The Lord's Prayer (Our Father)  
The Hail Mary  
The Doxology (The Glory Be)  
The Angel of God  
The Apostle's Creed  
The Prayer to the Blessed Sacrament  
The Act of Contrition  
The Fatima Prayer

Third Grade

The Sign of the Cross  
The Lord's Prayer (Our Father)  
The Hail Mary  
The Doxology (The Glory Be)  
The Angel of God  
The Apostle's Creed  
The Prayer to the Blessed Sacrament  
The Act of Contrition  
The Hail Holy Queen  
The Fatima Prayer

The Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of your just punishments, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more and avoid the near occasion of sin. Amen.

Fourth and Fifth Grades

The Sign of the Cross  
The Lord's Prayer (Our Father)  
The Hail Mary  
The Doxology (The Glory Be)  
The Angel of God  
The Apostle's Creed  
The Prayer to the Blessed Sacrament  
The Act of Contrition  
The Hail Holy Queen  
The Morning Offering  
The Fatima Prayer  
The Corporal and Spiritual Works of Mercy  
The Mysteries of the Holy Rosary

Sixth, Seventh and Eighth Grades

The Sign of the Cross  
The Lord's Prayer (Our Father)  
The Hail Mary  
The Doxology (The Glory Be)  
The Angel of God  
The Apostle's Creed  
The Prayer to the Blessed Sacrament  
The Act of Contrition  
The Hail Holy Queen  
The Morning Offering  
The Fatima Prayer  
The Anima Christi  
The Corporal and Spiritual Works of Mercy  
The Mysteries of the Holy Rosary

### The Prayer to the Blessed Sacrament

O my Jesus, in union with all the angels and saints, I adore you in the most Holy Sacrament of the Altar for which thou art present for the love of me. I adore you as my Lord and my God, my Creator and my Redeemer. Amen.

### The Hail Holy Queen

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! Amen.

### The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sin, the reunion of all Christians. Amen.

### The Anima Christi

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, fill me.  
Water flowing from the side of Christ, wash me. Passion of Christ, strengthen me.  
O good Jesus, hear me. Within your wounds, hide me. Never permit me to be separated from you.  
From the wicked enemy defend me. At the hour of death, call me and bid me to come unto you.  
That with your saints I may praise you forever and ever. Amen.

### The Fatima Prayer

On my Jesus, forgive us our sins, save us from the fires of hell, lead all souls into heaven, especially those in most need of your mercy. Amen.

### The Mysteries of the Holy Rosary

Joyful Mysteries: The Annunciation, The Visitation, The Birth of Our Lord,  
The Presentation and The Finding of Jesus in the Temple

Luminous Mysteries: The Baptism of Jesus, The Miracle at Cana, The Proclamation of the Kingdom,  
The Transfiguration and The Institution of the Eucharist

Sorrowful Mysteries: The Agony in the Garden, The Scourging at the Pillar, The Crowning of Thorns,  
The Carrying of the Cross and the Crucifixion

Glorious Mysteries: The Resurrection, The Ascension, The Descent of the Holy Spirit, The  
Assumption of Mary and The Crowning of Mary as Queen of Heaven

### The Works of Mercy

Corporal: Feed the Hungry, Give Drink to the Thirsty, Clothe the Naked, Shelter the Homeless, Visit the Sick,  
Visit the Imprisoned and Bury the Dead

Spiritual: Counsel the Doubtful, Teach the Ignorant, Help the Sinner, Comfort the Afflicted, Forgive Injuries,  
Bear Wrongs Patiently, and Pray for the Living and the Dead